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Clothes do so much more than protect us from the elements: They have the potential to convey the truth about who we are. Here, a dozen writers reflect on why getting dressed can be so revealing.

DOES YOUR

MATCH YOUR

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Clothes Make the Man

For some guys, a necktie feels like a noose. For **Chris Edwards**, it feels like freedom.

MY BEDROOM CLOSET was old-school-the kind with two sliding doors on a track. On the left side were all the clothes I liked to wear: Ralph Lauren button-downs and polo shirts, Levi's, khakis, and Jack Purcell sneakers. Behind the right door, which had a broken runner, I kept all the creepy female clothes I had to wear for formal occasions. I hated opening that damned door. Until the day I went in armed with a black Hefty garbage bag. So long, skirts! Buh-bye, black dress! Suck it, heels! The Goodwill trailer is waiting for your sorry asses!

I was 26, and with the support of family, friends, and nearly 500 coworkers at the advertising agency where I was a copywriter, I began my long-awaited transition from female to male. Sure, I'd shopped in the boys' and men's departments before, but I'd always felt self-conscious, sticking to what society would deem acceptable for a girl. Now the GQ-approved suits and ties I'd secretly coveted were no longer off-limits (except maybe financially), and the inner style I'd been cultivating since young adulthood would finally be visible for all to see-including me.

One of the perks of working in the creative department of an ad agency is the lack of a dress code: It's one of the main things that drew me to the profession. I would have done anything to avoid having to dress up as a woman; it made me feel horrible, inauthentic, like I was in drag. In *Transparent*, when Jeffrey Tambor's character comes out as trans and changes her name to Maura, her eldest daughter asks if she'll start "dressing up like a lady." Maura replies, "No, honey, all my life...I've been dressing up like a man." Unless you're transgender, it's hard to imagine how that feels.

At my agency, creatives wore jeans, T-shirts, flip-flops, pajama bottoms. So while I didn't technically have to wear a tie to work, after my transition I did anyway. I never thought something knotted around my neck could feel so liberating. The first few weeks, I'd show up in dress shirts and sport coats, and get asked if I had a client meeting. But then people realized that was just my look. Soon, I became a source for wardrobe advice.

My defining fashion moment was a black-tie event, where I'd finally get to wear a tux, just like every other man in the room. After adding black onyx cuff links and studs, a black silk bow tie and cummerbund, and patent leather tuxedo shoes, I took a look in the mirror: On a scale of I to 10, I was definitely a 007. When I strode into the Harvard Club, just one among a sea of penguins, I finally felt like I belonged to a different club—the one I'd wanted to be in since birth.

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